

Pyramid Exercise for "Top End" Syle Emellishments on the Bodhran

James Yoshizawa 2014

Start by putting 2 "up" or "down" strokes where each embellishment will be.
Try to get an even, consistent drone out of the drum. You don't want to be able
to hear the sticking.

Staff 1 (4/4): D D U D U D U D U U D U D U D U
 Staff 2 (3/4): D D U D U D U U D U D U
 Staff 3 (2/4): D D U D U U D U

Now put the an "up" stoke between the double "down" strokes and
a "down" stroke between the double "up" strokes. Be precise and articulate.

Staff 1 (4/4): D U D U D U D U D U D U D U D U
 Staff 2 (3/4): D U D U D U D U D U D U D U
 Staff 3 (2/4): D U D U D U D U D U

Try rounding out the articulation of the embellishment to creat triplets.
This is effective for fast tempos and for getting a "rolling" feel.

Staff 1 (4/4): D U D U D U D U D U D U D U D U etc...